Proud to Be Me is an excellent resource for parents who want to help their children develop a positive self-image and an appreciation of diversity.

The author employs fun, engaging characters to impart valuable lessons about self-acceptance and the importance of celebrating differences, encouraging readers to grow up as compassionate and kind individuals who learn to see beauty in everyone.

The repetition that runs throughout the book helps to reinforce the message of self-love, making it clear to young readers how important it is for them to embrace who they are as individuals with unique talents and characteristics. It teaches young people to embrace and celebrate their differences, instead of trying to conform or compare themselves against others. This message is especially relevant today, due to the prevalence of social media and other factors that encourage comparison.

I find the prompts at the end of the book to be especially useful, in that they allow readers to integrate what they have learned from the story into their own growth.

The author's strong command of rhyme and ability to instil a sense of pride in young readers makes this book worthy of recommendation for all families or educators wanting to foster self-confidence.

Louise Jane, CEO The Golden Wizard Book Prize