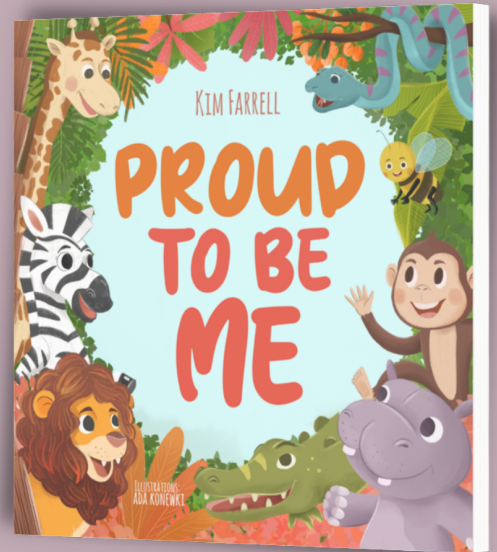


# PROUD TO BE ME

BY KIM FARRELL



Do you ever worry you are not good enough?  
Do you ever compare yourself to others and feel sad?  
If so, Buzz has a message for you!

Join this friendly bumblebee as he helps each of his friends see what makes them so special. By the end, you'll be shouting, "I love myself inside and out because no one is quite like me!"

## BOOK DETAILS



PROUD TO BE ME is a heartwarming picture book about the importance of self-confidence and embracing differences in ourselves and others.

Follow Buzz as he helps each of his friends recognize and appreciate their unique qualities. Through vibrant illustrations, fun text patterns, and engaging rhyme, children will be captivated as they join in on each character's journey of self-discovery.

Publisher: The Confidence Loop  
Publication Date: March 27, 2023  
ISBN: 979-8-9876529-0-9 (paperback)  
ISBN: 979-8-9876529-2-3 (hardcover)  
8.5 x 8.5 inches  
Price: \$12.99  
Ages: 3-7

## ABOUT THE AUTHOR



Kim Farrell is the author of PROUD TO BE ME and the creator of The Confidence Loop, a publishing imprint and blog that promotes healthy self-esteem in children. As a wellness program coordinator, mental health advocate and writer, she has published various articles on health and wellness, but her heart has always been with children's books.

Kim lives in Conshohocken, PA with her husband, son, and rescue dog. When she is not working, writing, or cleaning up poop, you can find her hanging out with her family, going for walks, or wandering aimlessly around Target.

## CONTACT INFO



Phone: (610) 955-3088  
Email: [hello@theconfidenceloop.com](mailto:hello@theconfidenceloop.com)  
Website: [www.theconfidenceloop.com](http://www.theconfidenceloop.com)



@theconfidenceloop

## ALSO AVAILABLE:

PROUD TO BE ME Activity Book  
&  
REFLECTIONS: Guided Journal for  
Parents and Caregivers



[www.theconfidenceloop.com](http://www.theconfidenceloop.com)